

**WHAT SIZE AM I?**

My measurements:-

Bust: **32.5"**, Waist: **26"**, Hip: **36"**, Length: 55"

Deciding on the **SIZE** depends on:-

1. Label Sizing System
2. Dress Style
3. Seam Allowance
4. If belted – how's the belt sewn onto dress?

**Label A (US size)**

Size	Bust	Waist	Hip	Length*
2	32	24	36	59
4	33	25	37	59
6	34	26	38	59
8	35	27	39	59

\*measure from hole in throat to hem

**Label B (US Size)**

Size	Bust	Waist	Hip	Length*
2	33	24	36	58
4	34	25	37	59
6	35	26	38	60
8	36	27	39	60

\*measured from shoulder to hem

**Label C (US size)**

Size	Bust	Waist	Hip	Length*
6	32.5	25	34	58
8	34	27	36	59
10	36	29	38	60
12	38	31	40	60

\*measure from hole in throat to hem

**Seam Allowance(in cm):-**



Wide Seam

Narrow Seam



Belt (External)

Belt (IntoSeam)



Empire **loose** fitting – bust is deciding factor.

**Wide Seam      Narrow Seam**

- Label A: 2(let out bust)    4(take in bust)  
 Label B: 2(take in bust)    2(take in bust)  
 Label C: 6(perfect)        6(perfect)



**Fitted** Styles (belted)

If belt is External , waist size is the deciding factor – will have to alter at bust and hip.

**Wide Seam      Narrow Seam**

- Label A:    6                      6  
 Label B:    6                      6  
 Label C:    8                      8

If belt is sewn into seam:

**Wide Seam**

- Label A: 4(let out waist, take in bust and hip)  
 Label B: 4(let out waist, take in bust and hip)  
 Label C: 6(let out waist & hip(\*risky at hip)  
               8(take in top and waist, perfect hip)

**Narrow Seam**

- Label A: 6(take in bust and hip)  
 Label B: 6(take in bust and hip)  
 Label C: 8(take in bust and waist)

